



PE Year Five/Six (Cycle A) - Line Dancing

Key Skills

- Explore a range of dance styles working with partners or groups.
 - Recognise and understand different styles of dance.
 - Perform different styles of dance clearly and fluently.
 - Draw upon different dance styles to compose dances
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- Show free improvisation to explore and use a range of controlled movements and patterns
 - Explore, develop and refine their movement repertoire
 - Perform expressively, sensitively, fluently and with control
 - Devise, adapt and refine a performance for a specific audience using appropriate criteria
 - Show understanding of artistic meanings and intentions when they dance
 - Draw upon different dance styles to compose dances and communicate meaning



Sticky Knowledge

- To know that Line Dancing is a form of group dancing.
- Groups of people (that are participating in the dance) all face the same direction.
- Country music is usually the most popular choice to conduct these moves.
- Each line dance consists of a number of "walls." A wall refers to the direction the dancers face e.g. (front, back, left, or right)

Vocabulary

Unison	This technique requires dancers to move at the same time as each other.
Heel dig	To simply dig the heel into the ground.
Stomp	Like a stamp
Lasso	Raise your arm above your head and swing like a lasso.
Grapevine	Step to the right on the right foot, step behind with the left foot, step out on the right foot, bring the left foot together. Repeat leading with the left foot.
Dynamics	Different levels of loudness and softness in a piece of music.
Technique	A method of doing something skillfully.
Refine	To improve a dance with small changes.

